

2018 USOPHE Conference: Health Elevated: Leadership, Innovation, Improvement

	Ballroom	Cedar	Elm	Juniper	Timpanogos
7:00 - 8:30 AM		Promo-Palooza Student Case Study Competition - Utah County Health Department			
7:45 - 8:45 AM	SUNRISE SESSION E-bikes and Traditional Bikes: A Pilot Study Comparison of the Health Benefits, Attitudes, and Perceptions <i>Taylor H. Hoj, MPH (c)</i>				
8:30 - 9:00 AM	Registration / Breakfast				
9:00 - 10:00 AM	Conference Welcome / Opening Remarks Opening keynote: Everyday Strong: Responding to emotional problems and building resilience in youth- Matthew Swenson, MD Child & Adolescent Psychiatrist Intermountain Medical Group Utah Valley Psychiatry & Counseling				
10:00 - 10:05 AM	Transition to Next Session				
10:05 - 11:05 AM	Fight, Flight, Freeze, Or Flourish: The Role of Childhood Trauma In Substance Use, Abuse, and Lifelong Health <i>Jerelvn Perkins</i>	Alcohol Policy in Utah: Effective or Defective? <i>Lauren Madaffari, MPH</i> Aligning Substance Abuse and Suicide <i>Alison Whitworth, CHES; Heidi Peterson, CPS</i>	Our Journey: Provo School District's Path to Better Sex Education <i>Brett Jones, CHES; Jackie Bush, CHES</i>	Utah Kids Need Recess <i>Sarah Hodson, MS</i>	Got CHES? Secrets to Mastering the CHES Exam <i>James Bemel, PhD; Mary Brown, PhD</i>
	<i>Session Topic: Mental Health</i>	<i>Session Topic: Substance Abuse</i>	<i>Session Topic: Sex Education</i>	<i>Session Topic: Physical Activity</i>	<i>Session Topic: Student Focus</i>
11:05 - 11:15 AM	BREAK				
11:15 - 12:15 PM	Best Practices in Worksite Wellness: Lessons from Utah's Healthiest Companies <i>Megan, Flanagan, MPH ©; Dustin Jones, MS</i>	Overcoming Barriers to Volunteer Assignment Completion in Coalition Work <i>Michelle Swapp, CHES</i> Everyone at the Table: Coalition Building to Increase Access to Nutritious Food <i>Raven Albertson, CHES</i>	Thinking Family: Addressing Public Health Issues Through the Home <i>Jaron King; Carl Hanson, PhD; Abigail Norton</i>	Health Extension: Advocacy, Research, & Teaching Background and Opportunities for Collaboration <i>Kandice Atisme, MHA, MPH, CPH; Sandra Sulzer, PhD; Maren Wright Voss, ScD; Tim Keady, MS; Reshma Arrington, MPH; Matejavoie-Roskos, PhD, PH, RD, CD, CNP</i>	Engaged Learning: Reaching the Target Audience <i>Jessica Burns; Trevor Carter, CHES</i>
	<i>Session Topic: Nutrition & Physical Activity</i>	<i>Session Topic: Coalition Building</i>	<i>Session Topic: Evidence Based Practice</i>	<i>Session Topic: Mental Health</i>	<i>Session Topic: Evidence Based Practice</i>
12:15-1:00 PM	Lunch Buffet / Awards				
1:00 - 2:00 PM	Keynote Address: Dr. Christy Kane- Electronics & the Developing Brain				
2:00-2:05 PM	Transition to Next Session				

Exhibitor
Booths

Poster
Session

2:05 - 3:05 PM	Environmental Determinants of Child Nutrition in Utah <i>Natalie Bennion; Lori Spruance, PhD</i>	Suicide as a Wicked Problem: New Insights for Utah from the Adaptive Leadership Framework <i>Morissa Sobelson, MPH; Jeff Glenn, DrPH</i>	Band-Aids, Blisters, & Blood Glucose, Oh my!: A collaboration between a school nurse and undergraduate university students <i>Mary Brown, PhD; Sarah Callaway; Melissa DeMartini, RN; Dakota Froisland, B.S; Joanne Heister</i>	Uniting in Our Differences to Strengthen Communities <i>Jennie Houtz</i>	Walking Tour <i>Brett McIff, PhD</i>		
	<i>Session Topic: Nutrition</i>	<i>Session Topic: Mental Health</i>	<i>Session Topic: Innovative Approaches to Community Collaboration</i>	<i>Session Topic: Tobacco</i>	<i>Session Topic: Physical Activity and the built environment</i>		
3:05 - 3:15 PM	BREAK						
3:15 - 4:15 PM	Closing Session Keynote: Panel on Human Trafficking						
	Conference Close						
4:25 - 4:45 PM		Business Meeting All USOPHE Members are Encouraged to Attend for Bylaw Changes and Final Election Results					